

NAPST

Network of Asia-Pacific Sleep Technologists



Sleep Technology 2008

SLEEPLESS in Beijing 2008

You are invited to attend the 2nd Annual Network of Asia Pacific Sleep Technologists (NAPST) Sleep Technology Conference, "Sleepless in Beijing 2008" on Sunday, March 30, 2008 at Peking University Hospital, Beijing, and People's Republic of China. NAPST invites attendees to a weekend of robust presentations hosted by Peking University and Dr. Fang Han. "Narcolepsy in Asia" and "2008 Beijing International Sleep Medicine Forum" precede the NAPST conference.

NAPST is a venue to educate and connect Polysomnographic Technologists in the Asia-Pacific region. CPAP industry exhibitors will participate in the CPAP workshops in conjunction with the Conference.

CONFERENCE SCHEDULE:

Friday, March 28, 2008: Narcolepsy in Asia

Saturday, March 29, 2008: 2008 Beijing International Sleep Medicine Forum

Sunday, March 30, 2008: NAPST "Sleepless in Beijing 2008" Sleep Technology Conference

GUEST LECTURERS:

Clete A. Kushida, M.D., Ph.D., RPSGT, Director, Stanford Center for Human Sleep Research
Associate Professor, Stanford University Medical Center Stanford University Center of Excellence
for Sleep Disorders

Chol Shin, MD, Chol Shin, M.D., Ph.D., Director, Division of Pulmonary and Critical Care
Medicine, Department of Internal Medicine, Korea University Ansan Hospital

NAPST Conference Committee:

Glenn Roldan, RPSGT, BS, Course Director, Global Sleep Institute
Conference Chair and Program Director
Phone: 925-876-5326 email: n2sleep@aol.com

Carol Yoshimura, RRT, RPSGT email: C.Yoshimura@kuakini.org

Lalaine Gedal, RPSGT email: Lalaine.Gedal@covidien.com

Sonia Lee-Gushi, RPSGT email: Sonia.Lee-Gushi@bluecliffinc.com

Course Fee: \$100.00 before February 15, 2008
\$150.00 after February 15, 2008

This course has been approved by AAST for 10.0 CEC

REGISTRATION

**SLEEPLESS
in Beijing 2008**



Network of Asia-Pacific Sleep Technologists

Conference Registration: (includes lunch on March 30, 2008)

\$100.00 per person registered by February 15, 2008
\$150.00 per person registered after February 15, 2008

Great Wall of China Tour:

March 31, 2008: \$50.00 per person

Xiyuan Hotel:

1 Sanlihe Road Beijing, 100044, China
Tel: (8610)6831 3388 Fax: (8610)6831 4577 E-mail: xyhotel@public3.bta.net.cn
<http://www.xiyuanhotel.com.cn>

Last Name, First Name: _____

Title: _____

Gender: Male Female

Company Name: _____

Address: _____

Phone: _____ FAX: _____

Email: _____

Guest Name: _____

Gender: Male Female

Conference days you plan to attend in addition to NAPST on March 30, 2008:

Friday, March 28: Yes No

Saturday, March 29: Yes No

Please email your reservation information to: c.yoshimura@kuakini.org

Upon receipt of your registration, a Paypal email request for payment will be sent to you to pay by credit or bank card.

Preliminary Program

Network of Asia-Pacific Sleep Technologists

与亚太睡眠技师协会合作会议 2008 Beijing International Sleep Medicine Forum (Joint meeting with Network of Asia-Pacific Sleep Technologists NAPST "Sleepless in Beijing 2008")		
30th, Mar, 2008, 8:00-12:00		
1. AASM new scoring guidelines	解读美国睡眠学会最新睡眠分期标准	Glenn Roldan, RPSGT
2. CPAP Titrations CPAP 及 BIPAP 压力滴定技术	介绍 CPAP 调压技巧	Lalaine Gedal, RPSGT
3. The Multiple Sleep Latency Test	多次小睡睡眠潜伏期试验的技巧及判读	Glenn Roldan, RPSGT
4. Changing Career Paths	如何在睡眠医学领域拓展自己	Sonia Lee Gushi, RPSGT
30th, Mar, 2008, 13:30-16 : 00		
为了保证实际效果, 下列三项内容的每一项将分为三个时间段, 每时间段 45 分钟, 三组之间轮换		
5. 10-20 Hook-up Session	经典 10-20 脑电系统的安装	Carol Yoshimura, RPSGT & Sonia Lee-Gushi, RPSGT
6. Hands-on Scoring	手把手教学如何分图	Lalaine Gedal, RPSGT & Glenn Roldan, RPSGT
7. Mask Fitting Sessions	如何进行鼻罩选择及安装	Lalaine Gedal, RPSGT
30th, Mar, 2008, 16:00-17 : 30		
病例讨论 (Case Discussion) : 睡眠行为异常 (Sleep behavior disorders)		
<ol style="list-style-type: none"> 1. 睡眠癫痫 2. REM 行为障碍 3. 夜间睡眠异常发声 4. 特殊类型的睡眠呼吸障碍 		